

# PRACTICING POSITIVE LEADERSHIP

## Motivating and Energizing Your Team

Many people think effective leadership is defined by knowledge and skills, but the energy you exude to drive performance is just as critical. This sprint helps participants gain an introspective approach to positive leadership and frameworks to become a more positive, effective leader.

During the Sprint, you will explore how to practice Positive Leadership and how your application of positive leadership principles can inspire new levels of employee engagement and accomplishment at your organization. Activities in the Sprint will introduce key principles, help you assess your current capabilities, and let you explore positive leadership in action through relevant case studies.

As you begin to understand the power of positive leadership, you will share with your peers ideas about how to put it into practice to create a culture of positivity, engagement and empowerment.

Developed in partnership with:



### OUTCOMES

- Explore the research and science behind using energy networks to increase personal and team effectiveness.
- Learn tips and tools that you can apply to become a more positively energizing leader.

### YOU WILL

- Understand the importance of positive leadership and its relationship to improved team and company performance.
- Assess your level of positive leadership and the extent to which your organization implements positive practices.
- Identify and implement positive leadership practices for your team.

### ABOUT THE EXPERT



**KIM CAMERON, PhD**

- *William Russell Kelly Professor of Management and Organizations in the Ross School of Business at the University of Michigan*
- *Associate Dean of Executive Education in the Ross School*
- *Served on the National Research Council and was a Fulbright Distinguished Scholar*
- *His research appears in more than 120 articles and 16 books. He has been funded for his current study on virtuousness in organizations and its relationship to performance.*

## SPRINT OUTLINE

DAY 1 FOUNDATIONS OF POSITIVE LEADERSHIP	DAY 2 KNOWING YOURSELF AND YOUR ORGANIZATION	DAY 3 POSITIVELY ENERGIZING LEADERSHIP	DAY 4 CHANGING YOUR CULTURE	DAY 5 APPLICATION AND MASTERY
<ul style="list-style-type: none"> <li>• Why It's Worth It</li> <li>• Evidence of Individual Success</li> <li>• The Four Pillars of Positive Leadership</li> <li>• Expressions of Gratitude</li> </ul>	<ul style="list-style-type: none"> <li>• Personal Positive Practices Survey</li> <li>• Creating a Positive Climate</li> <li>• Organizational Positive Practices</li> <li>• Assessment and Action Plan</li> </ul>	<ul style="list-style-type: none"> <li>• Positively Energizing Leaders Produce Results</li> <li>• Developing Positive Energy Networks</li> <li>• Attributes of Positive Energizers</li> <li>• Strengthen Your Positive Energy Network</li> </ul>	<ul style="list-style-type: none"> <li>• Griffin Hospital: A Positive Leadership Success Case</li> <li>• Creating a Culture of Abundance</li> <li>• Griffin Hospital Part II: The Pat Charnel Story</li> </ul>	<ul style="list-style-type: none"> <li>• Summary and Future Actions</li> </ul>